In the Matter of

JAQUELINE S. SILKEY, M.D.

Holder of License No. 26342 For the Practice of Allopathic Medicine In the State of Arizona.

Case No. MD-04-0159A

CONSENT AGREEMENT FOR DECREE OF CENSURE AND PROBATION

CONSENT AGREEMENT

BEFORE THE ARIZONA MEDICAL BOARD

By mutual agreement and understanding, between the Arizona Medical Board ("Board") and Jaqueline S. Silkey, M.D. ("Respondent"), the parties agreed to the following disposition of this matter.

- 1. Respondent acknowledges that she has read and understands this Consent Agreement and the stipulated Findings of Fact, Conclusions of Law and Order ("Consent Agreement.") Respondent acknowledges that she understands he has the right to consult with legal counsel regarding this matter and has done so or chooses not to do so.
- 2. Respondent understands that by entering into this Consent Agreement she voluntarily relinquishes any rights to a hearing or judicial review in State or federal court on the matters alleged, or to challenge this Consent Agreement in its entirety as issued by the Board, and waives any other cause of action related thereto or arising from said Consent Agreement.
- 3. Respondent acknowledges and understands that this Consent Agreement is not effective until approved by the Board and signed by its Executive Director.
- 4. All admissions made by Respondent are solely for final disposition of this matter and any subsequent related administrative proceedings or civil litigation involving the Board and Respondent. Therefore, said admissions by Respondent are not intended or made for any other use, such as in the context of another state or federal government

regulatory agency proceeding, civil or criminal court proceeding, in this State or any other state or federal court.

- 5. Respondent acknowledges and agrees that, although the Consent Agreement has not yet been accepted by the Board and issued by the Executive Director, Respondent may not revoke his acceptance of the Consent Agreement. Respondent may not make any modifications to the document. Any modifications to this original document are ineffective and void unless mutually approved by the parties.
- 6. Respondent further understands that this Consent Agreement and Order, once approved and signed is a public record that may be publicly disseminated as a formal action of the Board and will be reported to the National Practitioner's Data Bank and will be reported to the Arizona Medical Board's website.
- 7. If any part of the Consent Agreement is later declared void or otherwise unenforceable, the remainder of the Consent Agreement in its entirety shall remain in force and effect.

JAQUELINE S. SILKEY, M.D.

Date

FINDINGS OF FACT

- 1. The Board is the duly constituted authority for the regulation and control of the practice of allopathic medicine in the State of Arizona.
- 2. Respondent is the holder of License No. 26342 for the practice of allopathic medicine in the State of Arizona.
- 3. The Board initiated case number MD-04-0159A after receiving a report from the Drug Enforcement Administration ("DEA") that Respondent wrote a prescription for Norco, a controlled substance, to a patient and picked up the medication herself.
- 4. The Board's investigation found that Respondent wrote prescriptions for her friends and family members who later provided drugs to her. Respondent admitted to obtaining narcotics in this way since the winter of 2001. Respondent also admitted to manipulating others in obtaining narcotics for her addiction.
- 5. Witness statements and pharmacy studies corroborated Respondent's method for obtaining narcotics.
- 6. Prior to the Board's notification from DEA Respondent self reported her drug addiction to the Board's contracted addiction medicine specialist ("Specialist").
- 7. On or about January 20, 2004 Respondent called Specialist and reported that she may have a problem with controlled substances. Specialist recommended that Respondent undergo an inpatient evaluation to determine whether she was impaired. Respondent agreed and subsequently underwent inpatient evaluation. Respondent then signed an Interim Consent Agreement for Practice Restriction providing that she not practice medicine until further order of the Board.
- 8. The facility that conducted the inpatient evaluation determined that Respondent was safe to return to practice provided that she participate in the Board's

Monitored Aftercare Program ("MAP"). Respondent signed an Interim Consent Agreement for MAP on April 16, 2004 and has been compliant with the terms of her agreement.

9. The underlying investigation into the report filed by DEA is complete and Respondent has agreed to enter a consent agreement for Probation.

CONCLUSIONS OF LAW

- The Arizona Medical Board possesses jurisdiction over the subject matter hereof and over Respondent.
- 2. The Board has received substantial evidence supporting the Findings of Fact described above and said findings constitute unprofessional conduct or other grounds for the Board to take disciplinary action.
- 3. The conduct and circumstances above constitute unprofessional conduct pursuant to A.R.S. § 32-1401(27)(a) ("[v]iolating any federal or state laws or rules and regulations applicable to the practice of medicine.)"
- 4. The conduct and circumstances above constitute unprofessional conduct pursuant to A.R.S. § 32-1401(27)(e) ("[f]ailing or refusing to maintain adequate records on a patient.)"
- 5. The conduct and circumstances above constitute unprofessional conduct pursuant to A.R.S. § 32-1401(27)(f) ("[h]abitual intemperance in the use of alcohol or habitual substance abuse.)"
- 6. The conduct and circumstances above constitute unprofessional conduct pursuant to A.R.S. § 32-1401(27)(g) ("[u]sing controlled substances except if prescribed by another physician for use during a prescribed course of treatment.)"
- 7. The conduct and circumstances above constitute unprofessional conduct pursuant to A.R.S. § 32-1401(27)(j) ("[p]rescribing, dispensing or administering any

controlled substance or prescription-only drug for other than accepted therapeutic purposes.)"

ORDER

Based upon the foregoing Findings of Fact and Conclusions of Law,

IT IS HEREBY ORDERED that:

- 1. Respondent is issued a Decree of Censure for diverting controlled substances for personal use; for failing to maintain adequate records; and for habitual substance abuse.
- 2. Respondent placed on Probation for approximately five years¹ with the following terms and conditions:
- a. Respondent shall submit quarterly declarations under penalty of perjury on forms provided by the Board, stating whether there has been compliance with all conditions of probation. The declarations shall be submitted on or before the 15th of March, June, September and December of each year, beginning on or before June 15, 2005.
- b. Respondent shall participate in the Board's Monitored Aftercare Program pursuant to the following:
- 1. <u>Participation</u>. Respondent shall promptly enroll in and participate in the Monitored Aftercare Program ("MAP") for the treatment and rehabilitation of physicians who are impaired by alcohol or drug abuse. Respondent shall remain in MAP for five years from the effective date of this Order. Respondent's participation in MAP may be unilaterally terminated with or without cause at the Board's discretion at any time after the issuance of this Order.

¹ Board staff is instructed to calculate the length of the Probationary term based on the physician's participation in MAP under the Interim Order.

- 2. Group Therapy. Respondent shall attend MAP's group therapy sessions one time per week for the duration of this Order, unless excused by the MAP group therapist for good cause such as illness or vacation. Respondent shall instruct the MAP group therapist to release to the Board, upon its request, all records relating to Respondent's treatment, and to submit monthly reports to the Board regarding attendance and progress. The reports shall be submitted on or before the 10th day of each month.
- 3. <u>12 Step or Self-Help Group Meetings</u>. Respondent shall attend ninety 12-step meetings or other self-help group meetings appropriate for substance abuse and approved by the Board, for a period of ninety days beginning not later than either (a) the first day following Respondent's discharge from chemical dependency treatment or (b) the date of this Order.
- 4. Following completion of the ninety meetings in ninety days, Respondent shall participate in a 12-step recovery program or other self-help program appropriate for substance abuse as recommended by the MAP group therapist and approved by the Board. Respondent shall attend a minimum of three 12-step or other self-help program meetings per week.
- 5. <u>Board-Approved Primary Care Physician</u>. Respondent shall promptly obtain a primary care physician and shall submit the name of the physician to Board Staff in writing for approval. The Board-approved primary care physician ("PCP") shall be in charge of providing and coordinating Respondent's medical care and treatment. Except in an *Emergency*, Respondent shall obtain medical care and treatment only from the PCP and from health care providers to whom the PCP refers Respondent from time to time. Respondent shall request that the PCP document all referrals in the medical record. Respondent shall promptly inform the PCP of Respondent's rehabilitation efforts and provide a copy of this Order to that physician. Respondent shall also inform all other

health care providers who provide medical care or treatment that Respondent is participating in the Board's rehabilitation program.

- 6. <u>Medication</u>. Except in an *Emergency*, Respondent shall take no *Medication* unless the PCP or other health care provider to whom the PCP makes a referral prescribes the *Medication*. Respondent shall not self-prescribe any *Medication*.
- 7. If a controlled substance is prescribed, dispensed, or is administered to Respondent by any person other than PCP, Respondent shall notify the PCP in writing within 48 hours. The notification shall contain all information required for the medication log entry specified in paragraph 8. Respondent shall request that the notification be made a part of the medical record. This paragraph does not authorize Respondent to take any *Medication* other than in accordance with paragraph 6.
- 8. <u>Medication Log.</u> Respondent shall maintain a current legible log of <u>all</u> *Medication* taken by or administered to Respondent, and shall make the log available to the Board and its Staff upon request. For *Medication* (other than controlled substances) taken on an on-going basis, Respondent may comply with this paragraph by logging the first and last administration of the *Medication* and all changes in dosage or frequency. The log, at a minimum, shall include the following:
 - a. Name and dosage of *Medication* taken or administered;
 - b. Date taken or administered;
 - c. Name of prescribing or administering physician;
 - d. Reason *Medication* was prescribed or administered.

This paragraph does not authorize Respondent to take any *Medication* other than in accordance with paragraph 6.

9. <u>No Alcohol or Poppy Seeds</u>. Respondent shall not consume alcohol or any food or other substance containing poppy seeds or alcohol.

- present in the State of Arizona and such other times as Board Staff may direct, Respondent shall promptly comply with requests from Board Staff, the MAP group therapist, or the MAP Director to submit to witnessed biological fluid collection. If Respondent is directed to contact an automated telephone message system to determine when to provide a specimen, Respondent shall do so within the hours specified by Board Staff. For the purposes of this paragraph, in the case of an in-person request, "promptly comply" means "immediately". In the case of a telephonic request, "promptly comply" means that, except for good cause shown, Respondent shall appear and submit to specimen collection not later than two hours after telephonic notice to appear is given. The Board in its sole discretion shall determine good cause.
- 11. Respondent shall provide Board Staff in writing with one telephone number that shall be used to contact Respondent on a 24 hour per day/seven day per week basis to submit to biological fluid collection. For the purposes of this section, telephonic notice shall be deemed given at the time a message to appear is left at the contact telephone number provided by Respondent. Respondent authorizes any person or organization conducting tests on the collected samples to provide testing results to the Board and the MAP director.
- 12. Respondent shall cooperate with collection site personnel regarding biological fluid collection. Repeated complaints from collection site personnel regarding Respondent's lack of cooperation regarding collection may be grounds for termination from the program.
- 13. <u>Payment for Services</u>. Respondent shall pay for all costs, including personnel and contractor costs, associated with participating in the Monitored Aftercare Program at time service is rendered, or within 30 days of each invoice sent to Respondent.

- 14. <u>Examination.</u> Respondent shall submit to mental, physical, and medical competency examinations at such times and under such conditions as directed by the Board to assist the Board in monitoring Respondent's ability to safely perform as a physician and Respondent's compliance with the terms of this Order.
- 15. <u>Treatment</u>. Respondent shall submit to all medical, substance abuse, and mental health care and treatment ordered by the Board, or recommended by the MAP Director.
- 16. Obey All Laws. Respondent shall obey all federal, state and local laws, and all rules governing the practice of medicine in the State of Arizona.
- 17. <u>Interviews.</u> Respondent shall appear in person before the Board and its Staff and committees for interviews upon request, upon reasonable notice.
- 18. Address and Phone Changes, Notice. Respondent shall immediately notify the Board in writing of any change in office or home addresses and telephone numbers. Respondent shall provide Board Staff at least three business days advance written notice of any plans to be away from office or home when such absence would prohibit Respondent from responding to an order to provide a biological fluid specimen or to communications from the Board. The notice shall state the reason for the intended absence from home or office, and shall provide a telephone number that may be used to contact Respondent.
- Respondent or Respondent's use of drugs or alcohol in violation of the Order, Respondent shall promptly enter into an Interim Consent Agreement that requires, among other things, that Respondent not practice medicine until such time as Respondent successfully completes an inpatient or residential treatment program for chemical dependency designated by the Board or Staff and obtains affirmative approval to return to the practice

of medicine. Prior to approving Respondent's request to return to the practice of medicine, Respondent may be required to submit to witnessed biological fluid collection, undergo any combination of physical examination, psychiatric or psychological evaluation and/or successfully pass the special purpose licensing examination or the Board may conduct interviews for the purpose of assisting it in determining Respondent's ability to safely return to the practice of medicine. In no respect shall the terms of this paragraph restrict the Board's authority to initiate and take disciplinary action for violation of this Order.

20. Notice Requirements.

- (A) Respondent shall immediately provide a copy of this Order to all employers and all hospitals and free standing surgery centers at which Respondent currently has privileges. Within 30 days of the date of this Order, Respondent shall provide the Board with a signed statement of compliance with this notification requirement. Upon any change in employer or upon the granting of privileges at additional hospitals and free standing surgery centers, Respondent shall provide the employer, hospital or free standing surgery center with a copy of this Order. Within 30 days of a change in employer or upon the granting of privileges at additional hospitals and free standing surgery centers, Respondent shall provide the Board with a signed statement of compliance with this notification requirement.
- (B) Respondent is further required to notify, in writing, all employers, hospitals and free standing surgery centers at which Respondent currently has or in the future gains employment or privileges, of a chemical dependency relapse, use of drugs or alcohol in violation of this Order and/or entry into a treatment program. Within seven days of any of these events Respondent shall provide the Board written confirmation of compliance with this notification requirement.

- (C) Respondent shall immediately submit to the Board under penalty of perjury, on a form provided by the Board, the name(s) and address(es) of all employers and all hospitals and free standing surgery centers at which Respondent currently holds privileges to practice. Respondent is further required to, under penalty of perjury, on a form provided by the Board, immediately notify the Board of any changes in employment and of any hospitals and free standing surgery centers at which Respondent gains privileges after the effective date of this Order.
 - 21. Public Record. This Order is a public record.
- 22. Out-of State. In the event Respondent resides or practices as a physician in a state other than Arizona, Respondent shall participate in the rehabilitation program sponsored by that state's medical licensing authority or medical society. Respondent shall cause the other state's program to provide written reports to the Board regarding Respondent's attendance, participation, and monitoring. The reports shall be due on or before the 15th day of March and September of each year, until the Board terminates this requirement in writing.
- 23. This Order supersedes all previous consent agreements and stipulations between the Board and Respondent.
- 24. The Board retains jurisdiction and may initiate new action based upon any violation of this Order.

DEFINITIONS

"<u>Medication</u>" means "prescription-only drug, controlled substance, and over-the counter preparation, other than plain aspirin and plain acetaminophen."

"<u>Emergency</u>" means "a serious accident or sudden illness that, if not treated immediately, may result in a long-term medical problem or loss of life."

1	This Order is the final dispo	sition of case number MD-	04-0159A.
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13	The Arizona Medical Board		,
14	9545 East Doubletree Ranch Road Scottsdale, Arizona 85258	d	
15	Executed copy of the foregoing		
16	mailed this day of, 2005	+0. \.\.\.\.\.\.\.\.\.\.\.\.\.\.\.\.\.\.\	
17		(Unit Open	
18	Mr. Calvin Raup Shughart Thomson & Kilroy		
19	3636 N. Central Avenue, Suite 120 Phoenix, AZ 85012-1998	00	
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21	Executed copy of the foregoing mailed this		
	day of, 2005	to:	
22	Jaqueline S. Silkey, M.D.		
23	Address of Record.	1.50/10	
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